



Boys & Girls Clubs
of Hamilton



LET'S GET COOKING

Chili Recipe

Ingredients:

- Ground Meat (beef, turkey, chicken)
- Onion
- Two Cloves of Garlic
- 1 can of Tomatoes (crushed or diced). If you are making a big batch you can use a can of each.
- Celery
- 1 can of Kidney Beans (drained)
- 1 can of Corn (drained)
- Sweet peppers (green or red)
- 1 package of Old El Paso Chili Seasoning Mix
- 1 teaspoon of Salt
- 1/4 teaspoon Pepper
- 1 teaspoon of Sugar



Instructions: Fry Ground Meat (beef, turkey, or chicken) /onion/two cloves of garlic ... then combine all ingredients in crockpot and cook on low for 6-8 hours.