



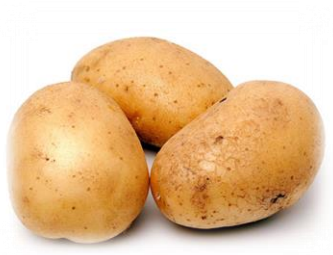
Boys & Girls Clubs
of Hamilton



Shepherd's Pie

Ingredients:

- 1 lb ground beef
- 1 can peas, drained
- 1 can sweet corn, drained
- 1 medium onion, diced
- 1/2 tsp salt
- 1/2 tsp pepper
- 8 medium potatoes
- 2 cups shredded cheese



Directions:

- Boil potatoes, mash and season to taste with milk and butter.
- In a skillet, brown ground beef and drain off oil
- Add onion, salt and pepper, peas and corn and let simmer
- In a baking dish or pan, place meat and vegetable mixture in the bottom
- Cover with mashed potatoes and sprinkle cheese on top
- Place in oven on broil until cheese is bubbly or light brown

