



Boys & Girls Club:
of Hamilton



Tossed Spinach Salad

Ingredients:

1 pound fresh spinach, torn in pieces
4 boiled eggs, sliced
6 slices bacon, cooked and crumbled
1/2 pound fresh mushrooms

Dressing:

1 cup salad oil
1/4 cup sugar
1/3 cup ketchup
1/4 cup vinegar
1/2 teaspoon salt
2 teaspoons Worcestershire sauce
1 medium onion, grated



Directions:

Mix dressing ingredients and refrigerate. Combine salad ingredients, saving a few egg and mushrooms slices to arrange on top. For a wilted salad, pour dressing on and toss before serving. For a crisp salad, leave dressing off and pass for individual serving.

Enjoy!

