

BOOK YOUR PRIVATE

ONE-ON-ONE SESSION WITH AN ECE

We care about you, your family, your questions, concerns and overall wellbeing!

Please see the sample list of topics that we will discuss:

Nutrition
Outdoor Physical Literacy
Positive Parenting
Routines
Safe Sleep
Selective Eaters
Self-Care/Wellness
Toilet Learning



We can connect with you virtually or via a phone call, whichever you are more comfortable with!

Register today and pick up your \$5 Tim Horton's gift card

Tuesdays, 7:00 p.m. – 7:30 p.m.

To register, [click here](#).

For more information, contact elisabeth.han@bgchh.com

To see other EarlyON programs offered in Hamilton, [click here](#).