



**CALLING All Parents of 11-18 year olds!
Does your child enjoy their time alone? Is it
important to you? Why?**



YOU'RE INVITED TO PARTICIPATE....

Title of Study: The development of mentalization, identity, and well-being across adolescence

Principal Investigator: Dr. Sandra Bosacki, Department of Educational Studies, Brock University

Your child is an expert on being a young person living in Canada! We would like to learn from your child by listening to what they think and feel about the time they chose to spend alone, and how they learn about themselves and what they like to do in their free time.

We VALUE YOUR TIME and we would be GRATEFUL to LEARN from your child's EXPERTISE on BEING THEMSELVES!

WHO ARE WE and What is this STUDY ABOUT?

We are the Theory of Mind in Education research team and we include Dr. Sandra Bosacki and a team of student researchers in the Department of Educational Studies at Brock University. We are studying this topic because we are curious to learn about how adolescents spent their time alone, and how they think and feel about other people and themselves as a young person, and their life experiences and overall well-being.

Should you choose to participate in this study, your child will be asked to attend a recorded video-chat through Brock's Microsoft Teams with a researcher to complete several tasks, including questionnaires and computerized tasks. These questions are presented on a program called **Qualtrics**. Questions will ask your child about their preferences for time spent alone and for their thoughts and feelings as a young person. For example – some questions will ask about what your child likes to do in their free time alone, and reasons why they chose to be alone, and how they think and feel about who they are and their life experiences.

HOW LONG WILL IT TAKE?

This will likely **take an hour of either your child's personal time at home**. The location where your child will participate electronically in this study will be determined by yourself as the parent. Your answers, and those of your child's will not be seen by others, and all responses are confidential and no personal identifying information will be used in reports of the study.

Your child will receive a \$20 Amazon e-gift card as a thank you for participating in our study.

****We are flexible in our availabilities including weekdays, evenings, and weekends at your convenience.**

HOW TO PARTICIPATE...

If you would like to participate, **please email or call us at the Theory of Mind in Education research lab using the information below.** We can answer any questions you may have about the study later provide you with an electronic student assent form, and an electronic parent/guardian consent form.

ToME Lab Website: <https://brocku.ca/theory-of-mind-lab/>
E-mail: tomelab@brocku.ca

If you have any concerns or questions regarding the nature of the research and/or your involvement in the study, please contact Theory of Mind in Education lab at Brock University <https://brocku.ca/theory-of-mind-lab/>, E-mail: ToMELab@brocku.ca, Phone no. 905-688-5550, X 5537, or Dr. Sandra Bosacki, E-mail: sbosacki@brocku.ca (Office Phone. No.: 905-688-5550 x 4987). You may also contact the Brock University Office of Research Ethics. E-mail: REB@brocku.ca (905-688-5550, ext. 3035).

This study has been reviewed and received ethics clearance through Brock University's Office of Research Ethics (REB #20-311).

