



CALLING All 11-18 year olds!
Do you enjoy your time alone? Is it
important to you? Why?

YOU'RE INVITED TO PARTICIPATE....

Title of Study: The development of mentalization, identity, and well-being across adolescence

Principal Investigator: Dr. Sandra Bosacki, Department of Educational Studies, Brock University

*YOU are an **EXPERT** on being a young person living in Canada! Your voice is **VALUABLE** to us and we would like to **LEARN** from you by listening to what they think and care about.*

What do think about the time you chose to spend alone? How do you learn about yourself and what do you like to do in your free time.

*We **VALUE YOUR TIME** and we would be **GRATEFUL** to **LEARN** from your **EXPERTISE** on **BEING YOU!***

WHO ARE WE and WHAT IS THIS STUDY ABOUT?

We are the Theory of Mind in Education research team and we include Dr. Sandra Bosacki and a team of student researchers in the Department of Educational Studies at Brock University. We are studying this topic because we are curious to learn about how children and teenagers spend their time alone, and how they think and feel about other people and themselves as a young person, and their life experiences and overall well-being.

Should you choose to participate in this study, you will need to have your parent's permission to be included in our study. In our study you will be asked to attend a recorded video-chat through **Brock's Microsoft Teams** with a researcher to complete several tasks, including questionnaires and computerized tasks. These questions will be presented on a program called **Qualtrics**.

Questions will be about your preferences for time spent alone and for your thoughts and feelings as a young person.

For example – some questions will ask about what you enjoy doing in your free time alone, and reasons why you chose to be alone, and how they think and feel about who you are and your life experiences.



HOW LONG WILL IT TAKE?

This will likely **take an hour of your personal time at home**. The location where you will participate electronically in this study will be determined by your parent. Your answers will not be seen by others, and all your responses are confidential and no personal identifying information will be used in reports of the study.

To **THANK-YOU** for your **TIME** you will receive a **\$20 Amazon gift e-card** as a thank you for participating in our study.

HOW TO PARTICIPATE...

If you would like to participate, **please email or call us at the Theory of Mind in Education research lab using the information below**. We can answer any questions you may have about the study later provide you with an electronic student assent form, and an electronic parent/guardian consent form.

ToME Lab Website: <https://brocku.ca/theory-of-mind-lab/>
E-mail: tomelab@brocku.ca

If you have any concerns or questions regarding the nature of the research and/or your involvement in the study, please contact Theory of Mind in Education lab at Brock University website: <https://brocku.ca/theory-of-mind-lab/>, E-mail: tomelab@brocku.ca Phone no. 905-688-5550, X 5537, or Dr. Sandra Bosacki, E-mail: sbosacki@brocku.ca (Office Phone. No.: 905-688-5550 x 4987). You may also contact the Brock University Office of Research Ethics. E-mail: REB@brocku.ca (905-688-5550, ext. 3035).

This study has been reviewed and received ethics clearance through Brock University Office of Research Ethics (REB #20-311).

