

Health Services

<p>Centre de santé Communautaire Hamilton/Niagara</p> <ul style="list-style-type: none"> Monday/Wednesday 8:30AM to 5:00PM, Tuesday/Thursday 8:30AM to 8:00PM, Friday 8:30AM to 4:30 PM 	<ul style="list-style-type: none"> 1320 Barton St E 905-528-0163 <i>Provides:</i> Health and social services for French-speakers. Services provided include Adult Counselling, Exercise and Falls Prevention Programs, Nutrition and Dietary Services, Occupational Therapy, Seniors Dental Care Program, and Newcomer Services. Most services covered by OHIP. Call or visit, no referral required. http://www.cschn.ca
<p>Compass Community Health</p> <ul style="list-style-type: none"> Monday 8:00AM to 8:00PM, Tuesday to Thursday 8:00AM to 5:00PM, Friday 8:00AM to 4:00PM 	<ul style="list-style-type: none"> 438 Hughson St N 905-523-6611 ext 2000 <i>Provides:</i> Health centre focussed on family and community health. Services Provided include Caring for COPD, Chiropody, Diabetes Education, Exercise and Falls Prevention Programs, Mindfulness Tools, Chronic Pain Management, Multicultural Health Services, Nutrition, Occupational Therapy and Physiotherapy. Most services covered by OHIP. Call or visit, no referral required. http://www.compassch.org
<p>Hamilton Academy of Medicine</p>	<ul style="list-style-type: none"> 905-528-1611 <i>Provides:</i> an up-to-date list of physicians accepting new patients. https://www.hamiltondoctors.ca/find-a-doctor/
<p>Hamilton Urban Core Community Health Centre</p> <ul style="list-style-type: none"> Monday 9:00AM to 5:00PM, Tuesday/Thursday 9:00AM to 8:00PM, Wednesday 12:30PM to 5:00PM 3rd week of the month: Friday 9:00AM to 5:00PM and Saturday 9:00AM to 1:00PM 	<ul style="list-style-type: none"> 181 Main St W 905-522-3233 <i>Provides:</i> health centre focusses on family and community health. Services Provided include Anger Management Programs, Oral Health Programs, Cross Cultural Healthcare, Early Steps Programs, ID and Health Cards Clinic, Health Promotion Programs, Chiropractic Clinic, Parenting Programs, Drop-Ins, Harm Reduction and Diabetic Education Programs Most services covered by OHIP. Call or visit, no referral required. http://www.hucchc.com
<p>Health Connections Information Phone Line</p>	<ul style="list-style-type: none"> 905-546-3550

	<ul style="list-style-type: none"> ○ <i>Provides:</i> Public Health Nurses available to provide information to help expectant parents and families who have children under 6 years of age
Lenscrafters Eyeglasses Program	<ul style="list-style-type: none"> ○ Eastgate Mall: 905-578-3292 ○ Limeridge Mall: 905-574-3101 ○ <i>Provides:</i> free glasses to eligible people ○ <i>Eligibility:</i> families need a letter, written by someone from their school (i.e. principal or teacher) advocating for support
Trillium Drug Program	<ul style="list-style-type: none"> ○ 1-800-575-5386 ○ <i>Provides:</i> financial assistance to cover medication costs, to those who are eligible. Families may need to call ODSP, OW or their family doctor to explore additional options for medical care. ○ Call or ask a pharmacist for an application form
Dental	
Children’s Preventative Dental Clinic – East <ul style="list-style-type: none"> ○ Tuesday/Friday 9:00AM to 12:00PM and 1:00PM to 4:00PM 	<ul style="list-style-type: none"> ○ 247 Centennial Pkwy N, Unit 8 ○ 905-546-2424 ext 5369 ○ <i>Provides:</i> free dental care for children in Hamilton from low-income households.
Children’s Preventative Dental Clinic – Mountain <ul style="list-style-type: none"> ○ Thursday 9:00AM to 12:00PM and 1:00PM to 4:00PM 	<ul style="list-style-type: none"> ○ 891 Upper James St ○ 905-546-2424 ext 5369 ○ <i>Provides:</i> free dental care for children in Hamilton from low-income households.
Dental Health Bus	<ul style="list-style-type: none"> ○ 905-546-2489 / 905-546-2424 ext 3789 ○ <i>Provides:</i> free dental services to kids and adults via mobile dental clinic ○ Schedule varies, call to get updated times.
Downtown Dental Clinic <ul style="list-style-type: none"> ○ Monday to Friday 8:30AM to 12:00PM, 1:00PM to 4:00PM 	<ul style="list-style-type: none"> ○ 110 King St W ○ 905-546-2424 ext 3789 ○ <i>Provides:</i> free dental care services for residents of Hamilton who have low income and do not have dental insurance.
Southern Ontario Dental College <ul style="list-style-type: none"> ○ Monday/Wednesday/Friday by appointment 	<ul style="list-style-type: none"> ○ 201 Wilson St E, Level 1 ○ 905-304-4706 ○ <i>Provides:</i> low cost dental hygiene service provided by dental students. \$50 annual fee for a complete cleaning. ○ http://www.sodentalcollege.com/become-a-client