



Hamilton-Halton

Opportunity
Changes
Everything

Community Events and Updates

EarlyON Child and Family Centres

Sanford EarlyON Open House

Where: The Kiwanis Trillium playground
735 King St E, Hamilton, ON L8M 1A

When: June 21st, 2022

9:30-12:00 pm

We welcome you and your family to join us for a day full of fun and opportunities to connect, engage and create meaningful relationships within your community!

- ✓ Free snack
- ✓ Fence painting
- ✓ Sensory play activities
- ✓ Family Gathering Time

To register please sign up for an account at www.keyon.ca and log in. For more information, contact ania.wrobel@bgchh.com

Ask the Speech Language Pathologist

June 7th, 2022, 1:00-1:30 pm

To register please sign up for an account at www.keyon.ca and log in

Telling Tales Celebrating Stories

June 4th, 2022, 11:00-11:30 am

Join author Aimee Reid for the presentation of

Welcome Home

Imagination in the Park, Gage Park

Email to register

earlyon@todaysfamily.ca

WELCOME BABY (Over the Phone Support)

The Welcome Baby prenatal nutrition in-person groups (Canada Prenatal Nutrition Program - CPNP) will remain closed during the COVID-19 pandemic. We are accepting new participants who are pregnant and looking for extra support by providing phone support and resources.

To register contact Jen Yates, Welcome Baby coordinator

Phone: 905-546-2424 x1577

Email: jennifer.yates@hamilton.ca

Free online Prenatal Classes to learn more about pregnancy, birth, breastfeeding and newborn care in an interactive way. To register, visit www.hamilton.ca/prenatal and select Online Prenatal Program, call 905-546-2424 Ext 3591 or email prenatal@hamilton.ca.

Healthy Families Hamilton Facebook page is available as a resource

www.facebook.com/HealthyFamiliesHamilton.

Breastfeeding support is available by phone or virtual visit and Health Connections line is open for those who wish to speak with a Public Health Nurse, Monday to Friday 8:30 am - 4:30 pm.

NATURE PLAY OPEN HOUSE

Tuesday June 1st 9-11 am

Bernie Morelli Recreation Centre

876 Cannon St E, Hamilton, ON L8L 0C6

Join Jill Bienenstock, director of education at Bienenstock Natural

Playgrounds as she demonstrates how to provide sensory rich activities, Big body play and loads of opportunities for children to connect, challenge and problem-solve using the natural playground and loose parts. We will focus on creating opportunities for unstructured, child-led free play that focuses on motor skills, social collaboration, self-regulation and creativity.

To register please sign up for an account at www.keyon.ca and log in.