

Let's Get Moving is a registered after-school program offered Monday to Friday, two hours after the bell each instructional day, throughout the school year at thirteen school locations and virtually, with a focus on active living, personal health & wellness, and nutrition.

Volunteers Currently Needed for Food Sorting & Deliveries:

- Assist with sorting food for program distribution
- Load vehicles to prepare for delivery
- Sort paperwork and reports for distribution
- Wipe down tables and clean up space after distribution
- Collapse boxes, bag recycling, and dispose of recycling in bin
- Mondays, 9:30am-1pm

Volunteers Will Be Needed at End of Season:

- Clear out all sites of their supplies & equipment
- Help organize everything afterwards for one week
- End of June

To become a volunteer, please complete the volunteer application ([here](#)). Please note that after submitting an application, you will be required to provide:

- Police Record Check for volunteers 18+ years old through your municipality ([Hamilton/Halton](#)), and
- Proof of COVID vaccinations (minimum 2 doses).

For more information about Let's Get Moving volunteer opportunities, please contact:

Jaime Slack
Supervisor, Let's Get Moving
jaime.slack@bgchh.com