

Active Living programs promote being physically active and eating healthy. They are designed for children and youth to create a life-long appreciation for a healthy, active lifestyle, while providing the opportunity to try new sports and activities.

Volunteers Needed for Skate the Dream Program:

- Saturday January 11th 2025
- Saturdays, 8:30 am-12:30 pm at Pat Quinn Parkdale Arena
- Age 16+
- Preferably knows how to skate/has basic hockey skills

Volunteer Roles & Responsibilities:

Roles and responsibilities can change depending on the day and tasks at hand. This includes (but isn't limited to):

- Supporting staff with setting up and putting away equipment
- Communicating with staff what is needed for the program and how to support it
- Organizing and keeping track of where equipment is in the storage space
- Being engaged in the space with the participants or as staff has requested
- Creating relationships with participants in each program
- Ensuring the space is a safe and welcoming environment for all members
- Seeking guidance and clarification from BGC staff as needed
- Familiarizing with and following all policies, procedures and emergency protocols

To become a volunteer, please complete the volunteer application ([here](#)). Please note that after submitting an application, you will be required to provide:

- Vulnerable Sector Check (VSC) for volunteers 18+ years old through your municipality ([Hamilton/Halton](#)), and
- Consent to abiding by BGC Hamilton-Halton's volunteer policies and procedures (to be sent for review after VSC is submitted).

For more information about Active Living volunteer opportunities, please contact:

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