

The Adult Day Program is designed to improve the quality of life for adults and seniors living in the community by providing therapeutic based activities meeting all domains of life.

Volunteers Currently Needed in the Adult Day Program:

- Assists adults and seniors engage in physical and social activities
- Program goal is to improve the quality of adults and seniors physical, mental, social and emotional well-being
- Key Mentor role: build relationships and support individuals with program activities
- Monday through Friday, 9:30-11:30am or 12:30-2:30pm at Delta United Church

Volunteer Roles and Responsibilities:

- Assist in set up and take down of program equipment
- Lift equipment, when necessary (tables and chairs)
- Provide support to program staff with program delivery, which may include actively participating
- Support adults and seniors with guidance and instruction
- Be a positive role model
- Seek clarification and guidance from program staff when needed
- Familiarize with and follow all policies, procedures and emergency protocols

To become a volunteer, please complete the volunteer application ([here](#)). Please note that after submitting an application, you will be required to:

- Provide a Vulnerable Sector Check for volunteers 18+ years old through your municipality ([Hamilton/Halton](#)), and
- Consent to abiding by BGC Hamilton-Halton's volunteer policies and procedures (to be sent for review after VSC is submitted).

For more information about the Adult Day Program volunteer opportunities, please contact:

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