

After School Sport Program Volunteer

The Let's Get Moving (LGM) program is a registered after-school program offered Monday to Friday, two hours after the bell each instructional day, throughout the school year at fourteen school locations across Hamilton. This program provides the opportunity for students in grades 1-6 to engage in sport and physical activity, personal health & wellness, and nutrition programming.

This opportunity is ideal for high school students.

Volunteers Currently Needed in LGM:

- Tasks include engaging with members, setting up/assisting with activities, cleaning/sanitizing spaces
- A passion for sport, physical activity, and being active for life
- Sites Needing Volunteers:
 - Cecil B. Stirling School (340 Queen Victoria Dr, Hamilton)
 - Hillcrest School (40 Eastwood Street Hamilton)
 - Holy Name of Jesus School (181 Belmont Ave, Hamilton)
 - Parkdale School (139 Parkdale Ave N, Hamilton)
 - Prince of Wales School (77 Melrose Ave N, Hamilton)
 - Queen Mary School (1292 Cannon St E, Hamilton)
 - St. Agnes School (80 Colcrest St, Hamilton)
 - St. Ann School (15 Saint Ann St, Hamilton)
 - St. Francis Xavier Catholic School (298 Hwy 8, Hamilton)
 - St. Kateri Tekakwitha School (22 Queensbury Dr, Hamilton)
 - St. Michael Catholic School (135 Hester St, Hamilton)
 - Strathcona School (10 Lamoreaux St, Hamilton)
 - Viscount Montgomery Public School (1525 Lucerne Ave, Hamilton)
 - W.H. Ballard School (1525 Lucerne Ave, Hamilton)
- Monday to Friday during the school year (September to June), volunteers can support based on their availability

If you are interested in this opportunity, or seeking more information about Let's Get Moving volunteer opportunities, please contact:

Brock Wedsworth
Program Supervisor
brock.wedsworth@bqch.com